

## Toilet and bathroom

Going to the toilet, but also showering and bathing, are very private matters which people really prefer to do independently for as long as possible. For users with reduced strength and balance however, sitting down on and getting up from the toilet can be quite difficult. Taking a bath or a shower can be even more energy-consuming and risky. Ready for life™ offers a number of easy and practical devices making an existing toilet, shower or bathroom suitable for a safe and comfortable situation. Most of them can be used without permanent installations or changes. Simply increasing the height of the toilet and providing a little extra support can be sufficient to enable the user to visit the toilet independently without compromising safety. And having something sturdy to hold on to or being able to sit securely while showering but also while drying off, dressing and performing other body care activities, significantly reduces the stress and increases the safety in these daily situations.

### ♥ Toilet raisers

Ready for life™ offers two different solutions for increasing the height of a toilet. Both toilet raisers fit most standard-size toilets and both are very easy to install, no tools needed.



Toilet raiser with lid



Toilet raiser with removable, independent, swivel armrests and lid

Item No.	Name
10735	Toilet raiser with lid, increases the height of a toilet seat by 100 mm / 4"
10659	Toilet raiser with armrests and lid, increases the height of a toilet seat by 85 mm / 3.35", 125 mm / 4.92" or 165 mm / 6.5"

### ♥ Soft toilet seat

For users with a sensitive or vulnerable skin, for users with skinny bottoms and for users who need to sit on the toilet for a long period of time, Ready for life™ offers a padded toilet seat providing extra comfort and minimizing pressure points. Soft toilet seat fits most standard-size toilets and commode seats. It provides a convenient and comfortable solution for one user and for short-term use.



Item No.	Name
10646	Soft toilet seat

### ♥ Armrests

The Ready for life™ armrests provides extra support during transfers to and from the toilet. Two models are available and both can be used together with Toilet raiser with lid (item no. 10735). The armrests are very easy to install without permanent changes.



Armrests



Armrests with floorsupport

Item No.	Name
10536	Armrests
10540	Armrests with floorsupport, adjustable height

### ♥ Rotating bathtub bar

The Ready for life™ rotating bathtub bar is the perfect solution for safe getting in to and out of a bathtub. The rotating bathtub bar provides good, strong, ergonomic grips for the user to hold during transfers. To enable the ultimate grip for each user, the handle of the bathtub bar can easily be rotated to the desired position, which is then automatically locked. The rotating bathtub bar is simply placed and securely kept in place at the preferred place on front side of an existing bathtub without damage or permanent changes to the bathtub.



Item No.	Name
10879	Rotating bathtub bar, 360 degrees rotating support handle

### ♥ Bathboard

The Ready for life™ bathboard provides support and security to a user getting in to and out of a bathtub. The bathboard also provides a secure and comfortable seated positioning during washing and showering. The bathboard has adjustable width and is easy to fit on the existing bathtub where it securely stays in place without damage or permanent changes to the bathtub. The bathboard features a handle for additional support and, if required, a Grabrail (item no. 26130xx) can be installed on the wall as a complement.



Item No.	Name
12180	Bathboard, for bathtubs with an inner width of up to 625 mm / 24.6"

### ♥ Foldable toilet frames

Ready for life™ foldable toilet frames offer flexible solutions for many situations when using a regular toilet is too difficult. They provide increased height (adjustable), extra support and can be used as toilet frames over existing toilets or standing alone, with bucket and lid, as bedside commodes. The foldable toilet frames can also be used as shower chairs. The compact format, the light weight and the foldable design of the toilet frames, makes them very easy to move and store. They are also perfect for travelling.

Foldable toilet frame



Foldable toilet frame with backrest, for extra comfort and support

Item No.	Name
10499	Foldable toilet frame, complete with bucket and lid
10498	Foldable toilet frame with backrest, complete with bucket and lid

### ♥ Shower stool round

For users with low stamina and/or an unstable balance, the Ready for life™ round shower stool offers a convenient place to sit at the washbasin or during showering. The compact design makes this simple shower stool ideal for bathrooms, toilets and showers with limited space. The height of the seat can easily be adjusted in 10 different positions to ensure the perfect fit for all users.



Item No.	Name
200160001	Shower stool round

## ♥ Shower seat

The Ready for life™ shower seat is a compact and very convenient wall mounted shower seat with double floorsupport for extra stability. The shower seat provides support and a safe, seated position for the user in the shower. The U-shaped front opening makes it easier to wash intimate body parts without standing up. After use, the shower seat can be folded away to save space in the shower.



### Item No. Name

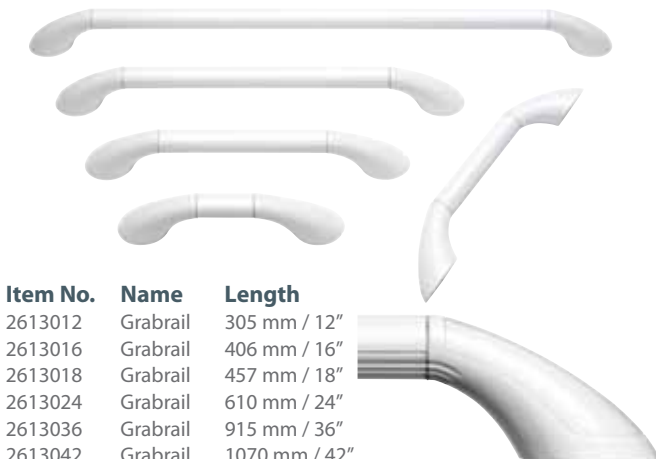
12226 Shower seat, wall mounted, with adjustable seat height

## Grabrails

Many accidents happen at home, especially in the bathroom, for instance in the shower or when stepping in and out of the bathtub. Slipping is common when the combination of water, soap and bare feet is present. The Ready for life™ grabrails provides secure and reliable support in critical areas. It is a good solution for prevention of accidents also in other indoor spaces such as the kitchen, bedroom and hallway.

## ♥ Grabrail

The Ready for life™ grabrail is available in six different lengths. It can be placed horizontal, vertical or diagonal to provide the user a good grip and extra support during pushing or pulling up, whilst in a stationary position and during a transfer. The diameter of the tube and the design with an angle of 60 degrees allows for natural and comfortable holding. A non-slip surface at the inside provides for extra security.



Item No.	Name	Length
2613012	Grabrail	305 mm / 12"
2613016	Grabrail	406 mm / 16"
2613018	Grabrail	457 mm / 18"
2613024	Grabrail	610 mm / 24"
2613036	Grabrail	915 mm / 36"
2613042	Grabrail	1070 mm / 42"

# Ready for life™

## Ready for life™ – a new product series for improved quality of life for all

No one life is like the other. We all have different living conditions and during a lifetime, these conditions are constantly changing. Good and bad things happen to us all and, if we are lucky, we all get older, day by day.

Life, whatever it looks like, is a gift, not a given. And it should not just be about existing or surviving. Life should be lived. We don't have to be young, healthy or even independent to live. But we do have to be ready, that is willing and able, for life.

Functional disabilities, whether they are permanent or temporary conditions, ideally should not get in the way of anyone's ability to live a full and satisfactory life. The will comes from within, and when it comes to ability, Ready for life™ can improve the conditions by providing tools to better enable all people to live a fuller, more active life, every day of their lives.

Ready for life™ is a series of assistive devices that are designed to give users the best possible conditions for living an active life on a daily basis. The products have been specially developed to meet the conditions for homecare and institutional care settings. Ready for life™ offers the right quality, the right function and the right performance at the right price.

### Ready for life™ toilet and bathroom aids

Ready for life™ toilet and bathroom aids offer safe and functional solutions to meet specific user and carer requirements in various bathing, showering and toileting situations. The common feature of these products is that they are designed to offer support, comfort and increased independence to the user. Ready for life™ toilet and bathroom aids are very suitable for homecare use, but also for institutional use. The availability of various models ensures a better fit, both to individual needs and to different types of bathrooms.



handicare

Handicare AB  
Box 640, SE 175 27 Järfälla, SWEDEN  
Tel: +46 (0)8-557 62 200  
Fax: +46 (0)8-557 62 299  
www.handicare.com  
info@handicare.se

© Handicare AB - 120215 - www.handicare.com

